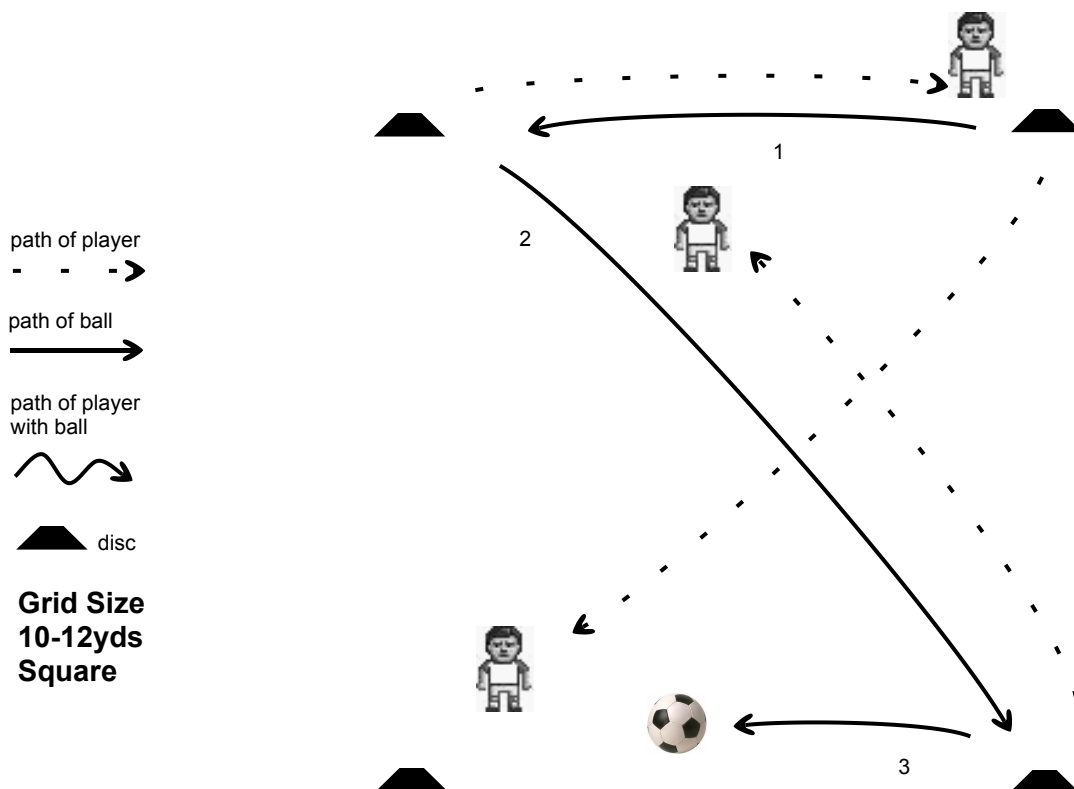


## No. 4 “Empty Corner”

- Short Passing
- First Touch

U8 ✗  
 U10 ?  
 U12 ✓  
 U14 ✓  
 U16 ✓



Moving into space quickly after making a pass should become second nature for our players. This unopposed short passing drill encourages players to move off at an angle and to take the ball in an open body shape for the next pass. Young players may take a little time to get used to the sequence. Don't allow any of these simple passing drills to become casual or careless, help them to understand why this topic is important in the real game.

## Organisation

Three players in each grid  
 Ball must start with player in the middle of the three  
 Ball is passed to either of the other two players and player then sprints to the spare disc (empty corner)  
 The sequence continues passing to next player and sprinting to empty disc  
 Make it competitive - challenge two grids, who can play for longest without losing control?

## Coaching Points

- ◆ Quick movement following pass
- ◆ *“Stay open to the ball as you run”*
- ◆ 1st touch on back foot
- ◆ Take ball in open body position
- ◆ Quality of passing - pace and accuracy
- ◆ Keep the ball on the ground
- ◆ Communication *“demand the ball”*
- ◆ Make eye contact with the receiving player

## Development

- i Limit to one touch
- ii Control/pass with weaker foot
- iii Challenge groups to make as many good passes as possible in limited time